



About Our Office

A monthly newsletter from the office of Drs. Gillespie & Martin, PA
www.gillespiemartin.com

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Introduction We hope you enjoy the July issue of our in-office newsletter which was developed to keep our patients current on events in our office and the dental profession. Your input and/or suggestions are welcome!

Hot Topics It has been found that the methamphetamine epidemic is not only destroying lives and families (as if that weren't enough) but mouths as well. A recent article in the New York Times outlines the way this scourge is ravaging the oral health of its users: "The drug itself, a synthetic stimulant that can be manufactured just about anywhere, causes dry mouth, and that in turn allows decay to start, since saliva is unavailable to help control bacteria in the mouth. The drug also tends to leave users thirsty and craving a constant supply of soda pop and other sugary drinks, which spur the decay; Mountain Dew has become the preferred drink of meth users. At the same time, the drug's highly addictive nature causes many users simply to stop doing what is needed to take care of themselves, including the brushing of teeth."

Around the Office Did you see the beautiful flowers out front? Carol, one of our office gardeners, spruced up our entryway with a splash of summertime color. Thanks, Carol, for sharing your talent!.....Vacation time has been a blast for our office this year! The search for summer fun has flung our staff to all parts of the globe! Barb spent a glorious two weeks in Switzerland (ask her if she will yodel for you!), Colene hula-ed her way to Hawaii and back, Yvette sunned herself in Florida between Tropical Storm Cindy and Hurricane Dennis, Crystal cruised the Caribbean, Donna ventured to San Francisco and Napa Valley (Go West, Young Woman!), Christy camped out at Myrtle Beach, Dr. Gillespie took his family on a four-day tour of Philadelphia, and everyone else caught up on rest and relaxation at home. We hope you have enjoyed some down time as well!

Employee Spotlight Crystal Smith, CDA, is a graduate of AB Tech and has been dental assisting for 10 years. She is originally from Asheville and has been married to David for 12 years. They have two dogs, Dexter, a basset hound, and Brandy, a mix. Crystal enjoys spending time with family and friends. She also likes to spend time outdoors and traveling when the opportunity arises—in fact, she has just returned from a cruise in the Caribbean! Crystal and David are technical wizards: they "burn" their own CD's and create fantastic photo albums of their travels, with captions, using their computer and digital camera!

Quote Unquote Summer breeze, makes me feel fine, blowin' with the jasmine in my mind.
---Seals & Croft

We always appreciate referrals from great patients like yourself. If you know someone in need of a dental home, we would love to be of service!