



About Our Office

A monthly newsletter from the office of Timothy E. Gillespie, DMD, FAGD
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Hot Topics Today, many adults are enhancing their smiles with braces, veneers and whitening products to keep their smiles young and healthy looking. Over the next several issues, we will discuss these options, beginning this issue with the topic of adult braces: Newer generation braces are far less noticeable than in the past—instead of metal, clear, or even tooth-colored braces may be used. The corrective wires are of newer materials that are more effective, so overall treatment time is shorter, with less discomfort each time there is an adjustment to the wires. In some cases, it may even be possible to place the braces on the back surfaces of the teeth. Most find the improvement in health and appearance is well worth the time and effort of treatment. Let us know if you would like to hear more about adult braces!

Around the Office *“Out with the old, in with the new!”* Our New Year’s resolution for 2009 is to update the look of our office and improve patient flow around the front office area. With that in mind, we completed some major structural changes at the front desk and reception area during a two-week hiatus. As the year progresses, you will see more renovations, i.e., new hallway carpeting, newly-painted walls, and laminate flooring in the operatories. Special thanks to Ron Butler Homes, Carleton Collins of Pazdan Smith Architects, and interior designers Lizzie Summerlin and Shawna Graham for “getting the job done!”.....**Doreen** is a new mom! Eden Sage was born on December 19th, and mom will be taking a few weeks off to take care of the new member of the family. Congratulations, Doreen, and we’ll look forward to seeing you back soon (with plenty of photos!).....Once again this year, our practice will be sponsoring a 2nd grade class to go to the Health Adventure for **National Children’s Dental Health Month**. We will be donating a supply of toothbrushes and toothpaste for this endeavor as well.

Employee Spotlight **Rebecca Allen, CDA**, is a North Carolina native. After graduating from North Buncombe High, she obtained her Dental Assisting Certificate from AB Tech. Rebecca works hard to keep up with the three men in her life: Husband, Billy, and her 2 sons, Hunter (14) and Nash (5). She is a huge fan of the Georgia Bulldogs and can be seen most Fall Saturdays in Athens, GA with her family, “Between the Hedges.” She is currently trying to decide between Tim McGraw, Keith Urban and David Beckham as to who will her dream date. Either way, she’ll be flashing that beautiful smile!

Quote Unquote

The best way out is always through. --Robert Frost

Happy New Year! We are now accepting new patients. If you know someone who has made dental health part of their New Year’s resolutions, we’d love to meet them!