



About Our Office

A monthly newsletter from the office of Timothy E. Gillespie, DMD, FAGD
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Vol. IX, Issue IV

July/August 2006

Hot Topics If you use a bisphosphonate medication—to prevent or treat osteoporosis (a thinning of the bones) or as part of cancer treatment therapy—please advise us. Here's why:

Some bisphosphonate medications (such as Fosamax, Actonel, Boniva) are taken orally (swallowed) to help prevent or treat osteoporosis and Paget's disease of the bone. Others, such as Aredia, Bonfos, Didronel or Zometa, are administered intravenously (injected into a vein) as part of cancer therapy to reduce bone pain and hypercalcemia of malignancy (abnormally high calcium levels in the blood), associated with metastatic breast cancer, prostate cancer and multiple myeloma.

In rare instances, some individuals receiving intravenous bisphosphonates for cancer treatment have developed osteonecrosis of the jaw, a rare but serious condition that involves severe loss, or destruction, of the jawbone. Good oral hygiene coupled with regular dental care is the best method to avoid this rare, but serious problem.

Around the Office Our vacations are now over for the most part and we have had the opportunity to visit some exciting places: Costa Rica, Key Largo, Disneyworld, the Outer Banks, Ontario, Montreal, Cherry Grove—places we'll be talking about for the rest of the summer! Dr. Lambert will be heading to the Great White North for two weeks. He will get to do some fishing and see Alaska while on a cruise with his wife and in-laws.

Spotlight **Belinda Region, RDH**, was born and raised in NJ. She attended Fairleigh Dickinson University School of Dentistry where she received her degree in dental hygiene. Before moving to the Asheville area 11 years ago, Belinda lived and worked in Charlotte, NC, for 5 years and Frankfurt, Germany for 6 years. She and her husband, Steve, have 2 very active girls, Krista and Jamie. Belinda enjoys spending time with her family camping, boating and watching the various sporting events and band concerts in which her girls are involved. In her spare time, Belinda volunteers for several community groups.

As a fill-in hygienist, Belinda has received kudos from our patients and staff alike. We are now pleased to have her join us on a full-time basis!

Quote Unquote Then followed that beautiful season...Summer...
Filled was the air with a dreamy and magical light; and the landscape
Lay as if new created in all the freshness of childhood.

--Henry Wadsworth Longfellow

We always appreciate referrals from great patients like yourself. If you know someone in need of a dental home, we would love to be of service!