



About Our Office

A monthly newsletter from the office of Timothy E. Gillespie, DMD, FAGD
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Hot Topics For decades, the American Heart Association recommended that patients with certain heart conditions take antibiotics shortly before dental treatment. This was done with the belief that antibiotics would prevent infective endocarditis (IE), previously referred to as baceterial endocarditis. IE is an infection of the heart's inner lining or valves, which results when bacteria enter the bloodstream and travel to the heart. Bacteria normally are found in various sites of the body including on the skin and in the mouth.

The AHA has just come out with some good news: **some patients no longer need short-term antibiotics as a preventive measure before their dental treatment!** Folks with the following conditions no longer need premedication: heart murmur (such as mitral valve prolapse), rheumatic heart disease, bicuspid valve disease, calcified aortic stenosis, septal defects and hypertrophic cardiomyopathy. If you have another heart condition and currently premedicate before dental visits, please ask us for clarification!

Around the Office Please join us in congratulating Wendy on her 1st anniversary in our practice! In a short time, Wendy has become an integral part of our practice, and we are lucky to have her with us!....Read below about our new doctor

Employee Spotlight **Dr. Morgan** is originally from Scotland, but spent most of his childhood in Chapel Hill. He graduated from North Carolina State University with a degree in Psychology then worked for two years at Duke University. Dr. Morgan continued his education at Boston University School of Public Health and graduated in 2000 with a Master's in Public Health. After working for a year in a prosthodontic dental practice, he entered dental school at UNC. Dr. Morgan graduated with a Doctorate in Dental Surgery in 2005 and has been working since that time as the Director of the Haywood County Dental Clinic.

Dr. Morgan lives in Asheville with his wife of 9 years, Felisa, and their two young daughters, Selia and Ella. He enjoys hiking to the many waterfalls in the area with his family. He is an avid triathlete and has completed the Ironman Triathlon World Championship in Hawaii five times. His professional affiliations include memberships with the American Dental Association, the North Carolina Dental Society, and the Academy of General Dentistry. Welcome, Nigel!

Quote Unquote Never look down to the ground before taking your next step; only he who keeps his eye fixed on the far horizon will find the right road. –Dag Hammarskjold

We always love referrals from great patients like yourself. If you know of someone in need of a dental home, we would love to be of service!